

Leadership Development Grant – Cost Center 215143

Minnesota State University, Mankato

Project: Self Worth & Motivation and Surviving Management by Intimidation

Description: Host a training session for all campus employees.

Project Leader: Marie Loverink and Valerie Roberts/AFSCME officers and MSU staff members

Award: \$5,000

Project Re-cap:

Our campus hired motivational speaker and comedian, C. Willi Myles to provide two professional development sessions on March 10, 2009. Each session was 45 minutes and designed to build a stronger sense of self-worth, increased self esteem and focus on how to be flexible, lead by example and how to adapt to change for participants. There were approximately 100 participants at each session.

C. Willi Myles preparation, facilitation and materials fee	\$3,000.00
Refreshments – coffee and water	\$ 84.10

Impact:

Session evaluation summaries were prepared on both sessions and at each session the numbers came back that everyone would recommend this session to a colleague, was rated high in terms of learning value, job relevance and quality of presenter. These sessions were especially important for classified staff as they learned they need to motivate themselves to be successful, but can also appreciate and inspire other people. No one should be allowed to intimidate you in a work setting; you can only be intimidated if you allow it. The presenter suggested strategies for dealing with this type of behavior.

Reflection:

We learned that humor in the workplace is a good thing at times. Willi is an excellent speaker and the staff who attended felt the hour away from their workplace was time well spent. It was an uplifting experience for most. The sessions boosted morale of frontline staff, enhanced their self-worth and value to their job, created an atmosphere of positive energy and engaged individuals toward increased team performance. I will attach the summary results for your review.

Thank you for this grant opportunity for classified staff as professional development opportunities are few. We also want to thank Lori Lamb, our Human Resource Director, for her support and assistance in making this development opportunity successful.